

# Research on the Consumer Purchase Process Based on GPT

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DOI: <https://doi.org/10.5281/zenodo.10434705>

Published Date: 27-December-2023

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**Abstract:** GPT, a large language model, demonstrates remarkable capabilities in text generation, translation, and writing. In the field of consumer behavior research, GPT can be utilized for analyzing consumer behavior data, personalized marketing, and designing consumer experiences. This study explores the impact of GPT on the consumer purchasing process. It is found that GPT influences each stage of the consumer purchase process, including need recognition, information search, evaluation and comparison, purchase decision, and after-sales service. The findings suggest that GPT offers new perspectives for business marketing strategies and product design. Companies can leverage GPT to better understand consumer behavior and needs, thereby enhancing marketing efficiency and product competitiveness.

**Keywords:** GPT, Consumer Behavior Research, Purchase Process.

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## I. INTRODUCTION

Consumer behavior research, a science studying consumers' actions and psychology, is crucial for business marketing and product design. With the advent of large language models such as GPT, new consumer behaviour research tools and methodologies have been provided. GPT's capabilities in text generation, translation, and writing assist researchers in better understanding consumer behavior and psychology.

### A. Technical Principles and Application Scenarios of GPT

GPT (Generative Pre-trained Transformer), a cutting-edge technology in the field of artificial intelligence, represents the trend in large language model development. Built on the Transformer architecture, its core technology principle is embodied in the Self-Attention mechanism. This mechanism's main advantage lies in effectively capturing textual relationships, thereby generating high-quality content. Additionally, GPT's extensive pre-training enables adaptability and flexibility across various language processing tasks. During pre-training, GPT learns from a vast corpus of text, grasping deep linguistic structures and understanding rich contexts, laying a solid foundation for subsequent task-specific fine-tuning.

In terms of application scenarios, GPT demonstrates a wide range of capabilities. In text generation, GPT can create literary works, draft news reports, and generate dialogue system responses, achieving notable quality and efficiency. In natural language understanding (NLU), GPT also excels in tasks like sentiment analysis, text summarization, and language translation, providing efficient and accurate solutions. Particularly noteworthy is GPT's application in the personalized recommendation and user behavior prediction, becoming a significant driver of technological innovation in industries such as e-commerce and social media.

Further, GPT shows vast potential in specialized fields like education, healthcare, and law. For instance, in education, GPT assists in generating teaching materials and provides customized learning content, effectively supporting personalized teaching and learning. In healthcare, GPT aids physicians in making more accurate diagnoses by analyzing medical literature and clinical reports, enhancing the quality of medical decision-making. In the legal field, GPT assists legal

professionals in case study and document drafting, improving work efficiency and accuracy. These applications not only showcase GPT's multifunctionality but also indicate its potential for widespread application across various industries.

## II. LITERATURE REVIEW

Zhang and Wang (2023) have discovered that GPT (Generative Pre-trained Transformer) can assist consumers in recognizing needs, searching for information, evaluating options, and making purchase decisions. Similarly, Li and Zhang (2023) found that GPT can enhance consumer satisfaction and loyalty. Furthermore, Wu and Liu (2023) observed that GPT could significantly alter market dynamics.

Consumer behavior research is a field of significant scientific importance. In recent years, with the emergence of large language models such as GPT-3 and GPT-4, the tools and methodologies in this field have expanded (Liu et al., 2021). GPT, a deep learning model based on the Transformer architecture, is known for its robust text generation capabilities and has been applied across various domains for data analysis and information processing (Peng et al., 2023). The application of GPT in consumer behavior research holds considerable potential. For example, GPT can be used to identify new patterns in consumer behavior, assisting researchers in better understanding consumer actions and psychology through the analysis of vast amounts of consumer behavior data (Black et al., 2022). Additionally, GPT can provide personalized, immersive consumer experiences, thus enhancing satisfaction and purchase intention (Liu et al., 2021). As GPT technology continues to evolve, its influence on consumer behavior research is increasingly significant. Researchers need to closely monitor the development trends of GPT technology, predict its impact on consumer behavior research, and timely develop corresponding research strategies and responses (Yang et al., 2021). GPT, as a powerful large language model, offers new perspectives and tools for consumer behavior research, presenting new opportunities and challenges in understanding consumer behavior and psychology (Liu et al., 2021).

Consumer behavior research, which focuses on the study of consumer actions and psychology, is crucial for business marketing and product design. Recent studies have shown that the emergence of large language models like GPT has provided new tools and methodologies for consumer behavior research (Shen et al., 2021). The application of GPT in this field includes analyzing consumer behavior data, personalized marketing, and designing consumer experiences (Shen et al., 2021). This implies that GPT can be used for analyzing consumer behavior data, providing personalized marketing content and services, and designing immersive consumer experiences (Shen et al., 2021). In addition, research indicates that GPT can assist consumers in recognizing needs, searching for information, evaluating options, and making purchase decisions (Shen et al., 2021), thus influencing various stages of the consumer buying process (Shen et al., 2021). Many studies have highlighted the positive role of GPT in consumer behavior research. Zhang and Wang (2023) noted that GPT can influence consumer need recognition, information search, evaluation, comparison, and decision-making (Shen et al., 2021). Moreover, Chang & Hung (2022) found that GPT can improve consumer satisfaction and loyalty. Similarly, Sharma et al. (2022) concluded that GPT could change market patterns. These findings demonstrate the positive impact of GPT in the field of consumer behavior research. By using GPT, businesses can better understand consumer behavior and needs, thereby enhancing marketing efficiency and product competitiveness. In summary, the development of GPT technology has a profound impact on consumer behavior research. By analyzing a large amount of consumer behavior data, GPT helps in discovering consumer behavior patterns and provides personalized marketing content and services (Shen et al., 2021). In response to the various impacts of GPT on consumer behavior research, researchers need to develop appropriate strategies. For instance, they can use the development trends of GPT technology to predict its impact on consumer behavior research and explore new application scenarios for GPT in this field (Shen et al., 2021). Additionally, researchers can increase consumer acceptance of GPT to strengthen its positive impact on consumer behavior research (Shen et al., 2021). Future research can delve deeper into the impact of GPT on different consumer groups (Shen et al., 2021) and increase case studies on the application of GPT in consumer behavior research to help readers better understand its application (Shen et al., 2021). These research outcomes highlight the significant role of GPT in the field of consumer behavior research and also provide beneficial directions for future studies.

With the emergence of large language models like GPT, the field of consumer behavior research has welcomed new tools and methodologies (Maneerat Puttar attanamanee et al., 2023). GPT, with its strong capabilities in text generation, translation, and writing, brings new opportunities to consumer behavior research, particularly in influencing the consumer purchasing process (Wang, 2023). The research by M. Puttar attanamanee and others found that the RoBERTa model

excelled, particularly in detecting fake reviews with an accuracy rate of 97% (Maneerat Puttarattanamanee et al., 2023), providing a more reliable and accurate prediction tool for consumer behavior research. Additionally, from the study of Wu, Y., and Liu, Y. (2023), it can be inferred that GPT has a significant impact on market competition (Ilyas, 2023). It is evident that the influence of GPT on consumer behavior research encompasses multiple aspects, from affecting consumer purchasing decisions to altering market structures. This demonstrates the important role GPT plays in the field of consumer behavior research. Studies based on GPT have shed light on new directions in consumer behavior research. For example, GPT can help in uncovering new consumer behavior patterns and support interdisciplinary research (Viviana Nicole Mendoza-Moreno & Adriana Margarita Turriate-Guzmán, 2022). By analyzing consumer behavior data, GPT provides businesses with a richer array of personalized marketing and consumer experience design options (Kim et al., 2021). This shows that GPT not only assists businesses in better understanding consumer behavior and needs but also provides more effective marketing tools, enhancing market competitiveness. In conclusion, research on the consumer purchasing process based on GPT brings new perspectives and methods to the field of consumer behavior research. Through the application of GPT, businesses can better understand consumer behavior and needs, improve product design and marketing efficiency, thereby strengthening their competitiveness in the market. Future research can further explore the impact of GPT on different consumer groups, as well as the long-term effects of GPT on the consumer purchasing process, enriching the application cases of GPT in consumer behavior research (Luo, 2021).

### **III. IMPACT OF GPT ON CONSUMER BEHAVIOR PATTERNS**

Consumer behavior is not merely a simple display of purchasing actions; it is a complex process involving multiple dimensions, spanning stages from need recognition to final purchase decisions. This process is influenced by individual psychology, social culture, and economic environment. Therefore, a deep analysis and understanding of consumer behavior patterns are crucial for formulating effective market strategies and improving product and service quality.

As an advanced artificial intelligence technology, GPT's capability in processing and analyzing vast amounts of complex data offers new possibilities for understanding consumer behavior. Particularly in handling unstructured data (like social media comments and online reviews), GPT can extract valuable insights and patterns, crucial for capturing consumers' attitudes and preferences. Moreover, the application of GPT in simulating and predicting consumer behavior provides researchers with a new methodological tool, allowing for the testing of various market strategies in a virtual environment, thereby more effectively predicting their impact on consumer behavior. The introduction of GPT technology is not just a technical innovation but also a significant breakthrough in traditional consumer behavior research methodologies. Utilizing GPT's powerful computational abilities and pattern recognition functions, researchers can delve deeper into the motives behind consumer behavior, thereby providing businesses with more precise market insights and strategic recommendations. This data-driven deep analysis not only improves the accuracy of market research but also supports more customer-centric market strategies.

#### **A. Technical Principles and Application Scenarios of GPT**

In the realm of consumer behavior research, GPT (Generative Pre-trained Transformer) as an advanced natural language processing technology, offers revolutionary tools for analyzing and understanding consumer behavior. GPT's core strength lies in its powerful text generation and comprehension capabilities, enabling it to deeply analyze consumer comments, feedback, and social media interactions. Through these analyses, GPT can reveal consumers' true feelings and latent needs, providing deeper insights for predicting market trends and understanding consumer behavior. This depth of consumer psychological analysis enables researchers to grasp market dynamics and predict consumer purchasing behavior more accurately.

In the application of personalized marketing, the introduction of GPT technology brings significant insights to consumer behavior research. GPT can generate highly personalized marketing content by analyzing consumers' historical purchase data and online behavior patterns. This data-driven personalized approach not only enhances the precision and efficiency of marketing but also provides consumers with products and services more suited to their individual needs. In this way, GPT helps businesses increase consumer satisfaction and loyalty, thereby strengthening their market competitiveness.

GPT's potential to predict consumer behavior is invaluable for market research. By training GPT models to analyze extensive consumer behavior data, researchers can predict consumer behavior trends in specific market environments. This

predictive capability is not only based on historical data analysis but also adapts to the dynamic changes in consumer behavior, providing businesses with more accurate market strategy guidance. This forward-looking market analysis tool offers more effective decision support for businesses, enhancing their ability to respond to market changes.

GPT provides a novel methodological approach to studying consumer decision processes. By simulating different consumer scenarios and responses, GPT helps researchers gain a deeper understanding of consumers' decision-making processes and psychological mechanisms in various contexts. This simulation technology not only deepens consumer behavior research but also serves as a powerful tool for understanding complex consumer psychology and behavior patterns. Through this approach, researchers can more accurately analyze and predict consumer behavior, providing a scientific basis for formulating marketing strategies. The application of GPT in consumer behavior research also brings new challenges in data ethics and privacy protection. Researchers must strictly adhere to relevant data protection regulations while using GPT to analyze consumer data, ensuring the security of personal information. Additionally, they should be mindful of ethical issues potentially arising from algorithmic biases, ensuring the fairness and accuracy of research results. These challenges require researchers to be attentive to the social and ethical impacts of applying GPT technology, ensuring responsible and sustainable research.

### **B. Influencing Factors of GPT in Consumer Behavior Research**

When analyzing the impact of GPT (Generative Pre-trained Transformer) models on consumer behavior research, the first consideration is the complexity and sophistication of the GPT model itself. Key factors such as the algorithmic architecture, training data volume, and GPT model update frequency significantly influence its accuracy and depth in consumer behavior analysis. By processing large-scale and diverse datasets, advanced models like GPT-4 can more accurately reveal complex patterns in consumer behavior, providing deeper insights for consumer behavior research. This depth of analysis enables GPT to capture not only the prominent features of consumer behavior but also to understand underlying motives and preferences.

Secondly, the quality and source of data influence the effectiveness of GPT's application in consumer behavior research. High-quality data sources provide a more comprehensive and accurate view of consumer behavior for GPT, while limitations in data may lead to biases in analysis. Therefore, ensuring the comprehensiveness and representativeness of data is crucial for using GPT in consumer behavior research. For instance, collecting data from multiple channels can help researchers gain broader market insights, while strict scrutiny of data quality and completeness is key to ensuring the reliability of research results.

Thirdly, consumer acceptance of new technologies is another significant factor affecting the effectiveness of GPT's application in consumer behavior research. Consumers' attitudes and reactions to personalized recommendations and automated services provided by GPT directly impact the effectiveness and adaptability of GPT technology in real-world business environments. Studying consumer acceptance not only aids in understanding their attitudes towards artificial intelligence technologies but also provides businesses with insights on how to deploy these technologies effectively. For example, understanding consumer preferences and concerns about automated services can help businesses better design and adjust their GPT-based services and products.

Finally, the application of GPT in consumer behavior research is also influenced by researchers' professional knowledge and experience. While GPT offers powerful data processing capabilities, correctly interpreting and applying this data relies on researchers' deep understanding of consumer behavior theories and market dynamics. This requires researchers to have not only technical expertise but also profound insights into the market and consumer behavior. Additionally, considering the importance of technological ethics and data privacy, researchers must ensure compliance with relevant data protection regulations and ethical standards when using GPT for consumer data analysis, which includes respecting consumer privacy, transparent handling of data, and vigilance against algorithmic biases.

### **C. Impact of GPT on Consumer Processes**

Exploring the impact of GPT (Generative Pre-trained Transformer) models on the consumer purchasing process involves a detailed analysis of several key aspects:

In need recognition, the GPT model, by synthesizing consumer online behavior, purchase history, and preference settings, demonstrates the ability to predict and reveal unexpressed consumer needs accurately. This deep insight is vital for crafting

customized product recommendations and personalized marketing strategies, helping businesses effectively target markets and customer segments, thereby enhancing market competitiveness. In the consumer information search process, GPT's application significantly optimizes how consumers access and process information. Using advanced natural language processing technology, GPT can not only respond rapidly to consumer queries but also provide detailed product feature explanations, price comparisons, and user reviews. This efficient presentation of information significantly enhances consumer convenience and satisfaction during decision-making.

GPT's consumer evaluation and comparison capabilities provide a comprehensive and objective decision-support platform. By analyzing and comparing different product features and user feedback, GPT assists consumers in evaluating potential purchase options from multiple perspectives, making the decision-making process more scientific and rational. Regarding the impact on consumer purchasing decisions, GPT can offer highly personalized purchase suggestions by deeply understanding past consumer behaviors and preferences. This personalized service not only enhances consumer purchase intention but also improves the overall shopping experience and consumer satisfaction.

In the after-sales service phase, GPT's application demonstrates the potential of artificial intelligence technologies in enhancing customer service quality. Automated customer service systems powered by GPT can provide real-time responses to consumer inquiries and needs, offering quick and accurate problem-solving solutions, thereby significantly enhancing consumer service experience and satisfaction. Regarding brand loyalty, GPT's application helps strengthen the connection between consumers and brands. By providing customized interactive experiences and efficient customer service support, GPT fosters positive consumer relationships, deepening brand loyalty and trust.

GPT's application in creating immersive consumer experiences is emerging as a new trend in consumer behavior research and marketing. GPT can generate personalized content and interactions based on consumer interests and preferences, offering unique and engaging shopping experiences, thereby stimulating purchase motivation and engagement. GPT also shows great potential in assisting consumers in making more informed shopping decisions. By analyzing market trends, product reviews, and user behaviors, GPT can provide scientific shopping advice and decision support, enabling consumers to make choices that best meet their needs among numerous product options more easily.

While GPT technology enhances efficiency and experience in the consumer purchasing, it also poses higher demands on businesses' data analysis and market strategies. Businesses need to continually update and optimize the application of GPT models to ensure an accurate understanding and prediction of consumer behavior, thereby formulating more effective market strategies and maximizing business value.

The comprehensive impact formula of GPT on the consumer process:

$$\text{Impact} = \text{GPT}(\text{D}, \text{P}(\text{N}, \text{S}, \text{C}, \text{B}, \text{A}, \text{L}, \text{E}))$$

D: Consumer Data (such as purchase history, preferences, etc.) P: Processing and Analysis Function by the GPT model on consumer data. N: Need Recognition, based on the output of GPT identifying latent consumer needs. S: Information Search Optimization, related product information provided by GPT. C: Comparison and Evaluation, where GPT assists consumers in comparing products. B: Buying Decision, purchase suggestions provided by GPT based on analysis. A: After-Sales Service, enhanced post-purchase experience offered by GPT. L: Brand Loyalty, strengthened connection between consumers and brands by GPT. E: Immersive Experience, personalized shopping experience created by GPT. The formula  $\text{Impact} = \text{GPT}(\text{D}, \text{P}(\text{N}, \text{S}, \text{C}, \text{B}, \text{A}, \text{L}, \text{E}))$  describes how GPT processes and analyzes consumer data D, influencing various stages of the buying process, including need recognition N, information search S, product comparison C, buying decision B, after-sales service A, brand loyalty L, and immersive experience E, significantly impacting the overall consumer purchasing experience and decision-making process.

#### IV. CONCLUSION

This study delved into and analyzed the consumer purchase process based on the GPT (Generative Pre-trained Transformer) model. Utilizing the latest artificial intelligence technology comprehensively, we assessed the role of GPT in various stages of consumer purchasing behavior. The findings indicate that GPT not only has significant advantages in understanding consumer behavior but also plays an important role in the formulation and execution of marketing strategies. This discovery is of great theoretical and practical significance for understanding and optimizing the consumer purchase process, offering a data-driven new perspective for marketing decision-making.



The study reveals that GPT's application in the need recognition phase significantly enhances the precision and efficiency of marketing. By analyzing consumers' online behavior, purchase history, and personal preferences, GPT can uncover latent consumer needs, helping businesses target markets and customer segments more accurately. This aspect is crucial for designing personalized marketing strategies and optimizing product design, potentially aiding businesses in enhancing the market adaptability and consumer satisfaction of their products and services.

GPT's application in the information search and evaluation comparison phases greatly improves the efficiency and quality of consumer decisions. Providing relevant, comprehensive product information and user reviews, GPT assists consumers in conducting quick, comprehensive product comparisons and evaluations. This process not only reduces the time cost of consumer decision-making but also increases consumers' satisfaction and confidence during the purchase process. The study also finds that GPT plays a key role in the purchasing decision phase. GPT's personalized recommendation system, based on the analysis of consumer preferences and historical behaviors, offers precise purchasing suggestions. This feature not only promotes sales but also enhances the shopping experience, increasing consumer satisfaction.

GPT's application in the after-sales service phase opens new possibilities for enhancing consumer service experience and building long-term customer relationships. GPT can provide fast, effective customer support, addressing consumer queries and issues, thereby enhancing brand loyalty. This aspect is crucial for building positive customer relationships and maintaining brand reputation. GPT shows unique advantages in creating immersive consumer experiences. By generating personalized interactive content and offering customized shopping experiences, GPT increases consumer engagement and purchasing intention. This innovative approach to consumer experience design not only improves shopping satisfaction but also creates more opportunities for brands to interact and connect with consumers.

Lastly, the study points out that the application of GPT in consumer behavior research needs to consider data ethics and privacy protection issues. Ensuring the security and privacy of consumer data is a key factor that cannot be overlooked in GPT applications, especially when handling sensitive personal information. Therefore, businesses must comply with relevant laws and regulations in using GPT technology, ensuring data processing transparency and compliance. As a powerful artificial intelligence tool, GPT demonstrates tremendous potential in consumer behavior research and marketing. Future research should continue to explore more applications of GPT in this field and pay attention to its ethical and societal impacts, to better serve the market and consumers. Through in-depth study and appropriate application of GPT technology, we can better understand consumer behavior, optimize marketing strategies, and achieve a win-win for business value and consumer needs.

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